COVID-19 is a new strain of virus in a family of viruses called coronavirus. Most coronavirus cause illnesses like the common cold; because this is a new strain, some people are experiencing severe symptoms.

**Symptoms of COVID-19**
- Fever greater than 100.5°F/38°C
- Cough
- Shortness of breath
- Chest pain when you breathe
- Difficulty breathing

**How is COVID-19 spread?**
- Close contact with an infected person (within about 6 feet) for a prolonged period of time—several minutes to hours
- Directly being sneezed or coughed on by someone who has the virus
- Recent travel to an area with sustained new cases

If you are concerned you have **been exposed** to the virus because you’ve had close contact with someone who has the virus and:

**You have NO symptoms**
Contact CSU’s Public Health Administrator at ehs.colostate.edu/WPublicH or Larimer County Dept. of Health to be assessed. Self-Isolate until they assist you and provide you with a specific course of action.

**You HAVE symptoms**
Seek medical care. Call ahead to alert medical personnel to your potential exposure and symptoms.

If you are **sick but don’t think you have been exposed** to the virus and:

**You have MILD symptoms**
Self-isolation. Attend classes remotely, stay away from crowds and other people (particularly older people or those with pre-existing conditions).

**You have MODERATE to SEVERE symptoms**
Seek medical diagnosis and care. Call ahead to alert medical personnel to your symptoms.

For more information about the virus and CSU’s response, visit: www.safety.colostate.edu/coronavirus